Solution (#319) Let $n \ge 0$. In #75 we set $z = \operatorname{cis} \theta$ and saw $2 \operatorname{cos} n\theta = z^n + z^{-n}$. So by the binomial theorem we have that

$$\begin{split} 2^{2n+1}\cos^{2n+1}\theta &= \left(z+z^{-1}\right)^{2n+1} \\ &= \sum_{k=0}^{2n+1} \binom{2n+1}{k} z^k (z^{-1})^{2n+1-k} \\ &= \sum_{k=0}^{2n+1} \binom{2n+1}{k} z^{2k-2n-1} \\ &= \sum_{k=0}^{n} \binom{2n+1}{k} \left(z^{2k-2n-1} + z^{2n+1-2k}\right) \\ &= 2\sum_{k=0}^{n} \binom{2n+1}{k} \cos\left[(2n-2k+1)\theta\right] \end{split}$$

where the penultimate sum is arrived at by combining the kth and (2n+1-k)th terms for $0 \le k < n$.

If we integrate both sides with respect to θ between the limits of $\theta = 0$ and $\theta = \pi/2$ and use the formula found in #263 we see

$$\frac{2^{4n+1}(n!)^2}{(2n+1)!} = 2^{2n+1} \int_0^{\pi/2} \cos^{2n+1} \theta \, d\theta
= 2 \sum_{k=0}^n {2n+1 \choose k} \int_0^{\pi/2} \cos \left[(2n-2k+1)\theta \right] \, d\theta
= 2 \sum_{k=0}^n {2n+1 \choose k} \left[\frac{\sin(2n-2k+1)\theta}{2n-2k+1} \right]_0^{\pi/2}
= 2 \sum_{k=0}^n \frac{1}{2n-2k+1} {2n+1 \choose k} \sin(n-k+1/2)\pi
= 2 \sum_{k=0}^n \frac{(-1)^{n-k}}{2n-2k+1} {2n+1 \choose k}.$$

Rearranging we then arrive at

$$(-1)^n \frac{2^{4n}(n!)^2}{(2n+1)!} = \sum_{k=0}^n \frac{(-1)^k}{2n-2k+1} \binom{2n+1}{k}.$$