${\bf Solution}~(\#1306)$

$$\int_0^{\pi/4} \cos 2x \, dx = \frac{1}{2}. \qquad \int_0^{\pi} \sin^2 x \, dx = \frac{\pi}{2}. \qquad \int_{-1}^0 \tan(2x+1) \, dx = 0. \qquad \int_0^{\pi/4} \tan^2 x \, dx = 1 - \frac{\pi}{4}.$$