

Solution (#1441) Let $-1 < \alpha < 1$. Let $t = \tan(\theta/2)$, noting this to be strictly increasing for $-\pi < \theta < \pi$. Now

$$\cos \theta = \frac{1-t^2}{1+t^2}, \quad d\theta = \frac{2dt}{1+t^2},$$

and so

$$\begin{aligned} \int_0^{2\pi} \frac{d\theta}{1+\alpha \cos \theta} &= \int_{-\pi}^{\pi} \frac{d\theta}{1+\alpha \cos \theta} \\ &= \int_{-\infty}^{\infty} \frac{\frac{2dt}{1+t^2}}{1+\alpha \left(\frac{1-t^2}{1+t^2}\right)} \\ &= 2 \int_{-\infty}^{\infty} \frac{dt}{1+t^2+\alpha(1-t^2)} \\ &= 2 \int_{-\infty}^{\infty} \frac{dt}{(1-\alpha)t^2+(1+\alpha)} \\ &= \frac{2}{1-\alpha} \int_{-\infty}^{\infty} \frac{dt}{t^2+\left(\frac{1+\alpha}{1-\alpha}\right)}. \end{aligned}$$

Now recall that an antiderivative of $(x^2+a^2)^{-1}$ is $\frac{1}{a} \tan^{-1}(x/a)$. So by the FTC

$$\begin{aligned} \frac{2}{1-\alpha} \int_{-\infty}^{\infty} \frac{dt}{t^2+\left(\frac{1+\alpha}{1-\alpha}\right)} &= \frac{2}{1-\alpha} \sqrt{\frac{1-\alpha}{1+\alpha}} \left[\tan^{-1} \left(\sqrt{\frac{1-\alpha}{1+\alpha}} t \right) \right]_{-\infty}^{\infty} \\ &= \frac{2}{\sqrt{1-\alpha}} \frac{1}{\sqrt{1+\alpha}} \left(\frac{\pi}{2} - \left(-\frac{\pi}{2}\right) \right) \\ &= \frac{2\pi}{\sqrt{1-\alpha^2}}. \end{aligned}$$