

Solution (#581) For $1 \leq i, j \leq k$ we have

$$[MN]_{ij} = \sum_{i=1}^k [A]_{ik} [E]_{kj} + \sum_{i=1}^k [B]_{ik} [G]_{kj} = [AE]_{ij} + [BG]_{ij} = [AE + BG]_{ij},$$

and can find similar expressions for $[MN]_{(i+k)j}$, $[MN]_{i(j+k)}$, $[MN]_{(i+k)(j+k)}$.