

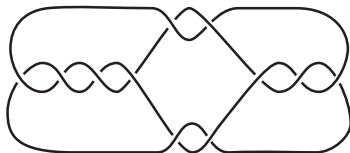
# Unknot recognition in quasi-polynomial time

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# Unknot recognition

Given a knot diagram, can we decide whether it represents the unknot?



Goeritz's unknot

# Unknot recognition

Given a knot diagram, can we decide whether it represents the unknot?



Haken's unknot

# Early history

The problem was first formulated by Dehn in 1910.

It was mentioned by Turing in his 1954 paper [Solvable and Unsolvable Problems](#).

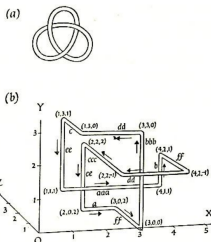
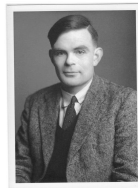


Fig. 1. (a) The trefoil knot (b) a possible representation of this knot as a number of segments joining points.



[Theorem:](#) [[Haken, 1961](#)] There is an algorithm to determine whether a given knot is the unknot.

# Many other approaches

- ▶ Normal surfaces [Haken, Hass-Lagarias-Pippenger]
- ▶ Geometric structures [Thurston]
- ▶ Representations of  $\pi_1$  [Kuperberg]
- ▶ Hierarchies [Agol, L]
- ▶ Khovanov homology [Kronheimer-Mrowka]
- ▶ Heegaard Floer homology [Ozsváth-Szabó, Sarkar-Wang, Manolescu-Ozsváth-Sarkar]
- ▶ Arc presentations [Dynniov, L]
- ▶ Reidemeister moves [Hass-Lagarias, L]
- ▶ Pachner moves [Mijatovic]

# A polynomial time solution?

Unsolved problem: Can we solve unknot recognition in polynomial time?

[Thurston 2011] 'A lot of people have thought about this question.' 'I think it's entirely possible that there's a polynomial-time combinatorial algorithm to unknot an unknottable curve, but this has been a very hard question to resolve.'

# The complexity of unknot recognition

Theorem: [Hass-Lagarias-Pippenger 1999, L 2014] Unknot recognition lies in NP.

Theorem: [Kuperberg 2014, Agol 2002, L 2016] Unknot recognition lies in co-NP.

Main Theorem: [L 2021] There is an algorithm to determine whether a diagram with  $n$  crossings is the unknot that completes in time  $2^{O(\log n)^3}$ . 'quasi-polynomial time'

# Hierarchies

Let  $M$  be a compact orientable 3-manifold, for example  $S^3 - \text{int}(N(K))$  for  $K$  a knot.

A **hierarchy** is a sequence of 3-manifolds  $M = M_1, \dots, M_{\ell+1}$  and orientable surfaces  $S_1, \dots, S_\ell$  such that each  $S_i$  is properly embedded in  $M_i$  and  $M_{i+1} = M_i \setminus S_i$ .

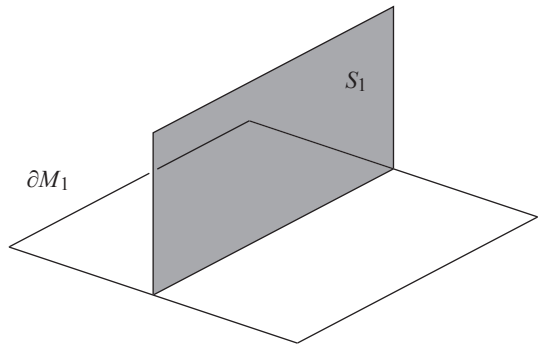
We do not require the surfaces to be incompressible or for the final manifold  $M_{\ell+1}$  to be balls (although we will be aiming to produce such hierarchies).



# Boundary patterns

A **boundary pattern** for a 3-manifold  $M$  is subset  $P$  of  $\partial M$  that is a disjoint union of simple closed curves and trivalent graphs.

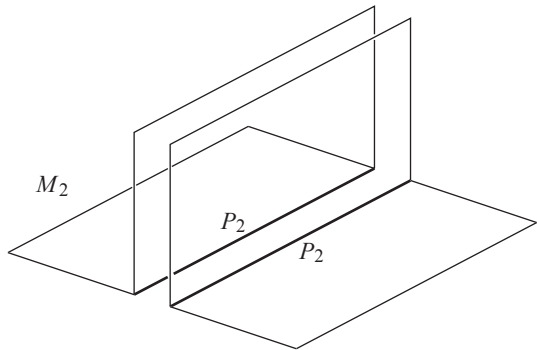
The manifolds in a hierarchy naturally inherit a boundary pattern.



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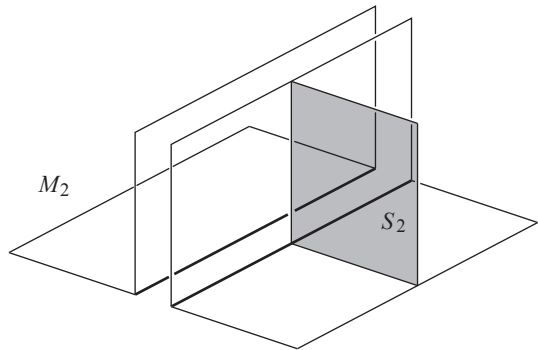
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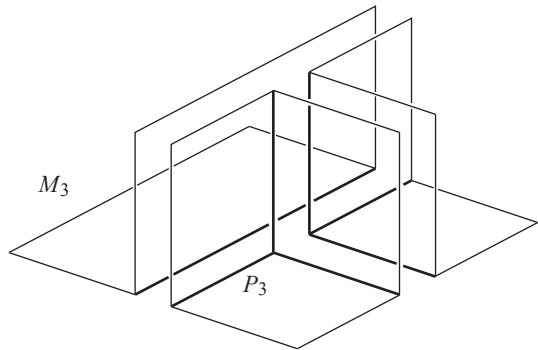
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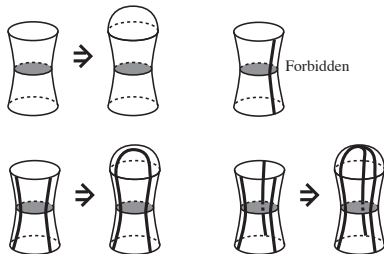


# Essential boundary patterns

A boundary pattern  $P$  is **essential** if, for any properly embedded disc  $D$  that intersects  $P$  at most three times,  $\partial D$  bounds a disc  $D'$  in  $\partial M$  that intersects  $P$  in one of the following:

- ▶ the empty set,
- ▶ an arc,
- ▶ a tripod.

A disc  $D$  properly embedded in  $M$  that intersects  $P$  at most three times for which  $\partial D$  does not bound a disc  $D'$  in  $\partial M$  as above is a **violating disc**.



# Essential hierarchies

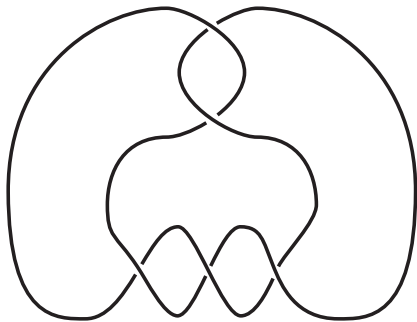
A hierarchy  $M = M_1, \dots, M_{\ell+1}$  is **essential** if the final manifold  $M_{\ell+1}$  inherits an essential boundary pattern.

Theorem: [Waldhausen, Johansson] Let  $M$  be a compact orientable 3-manifold with non-empty boundary and empty boundary pattern. Then the following are equivalent:

- ▶  $\partial M$  is incompressible and  $M$  is irreducible;
- ▶  $M$  has an essential hierarchy where the final manifold is a union of balls.

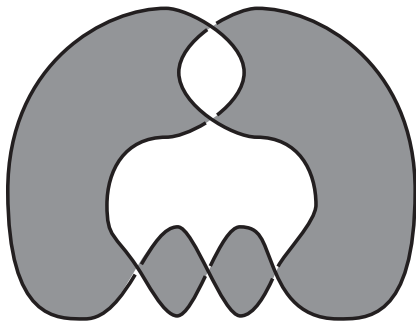
So, we will use essential hierarchies as a way of proving that a knot is non-trivial.

## Example



(i) The knot  $5_2$

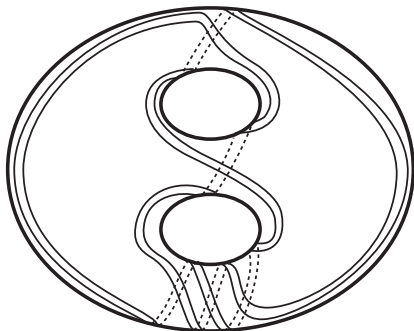
## Example



(ii) The first surface in the hierarchy

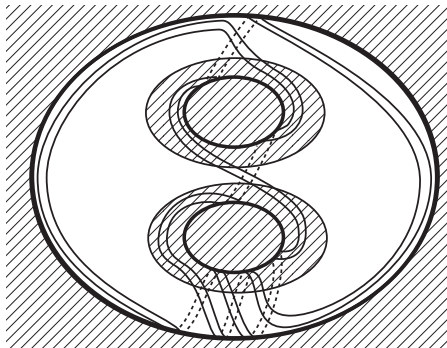


## Example



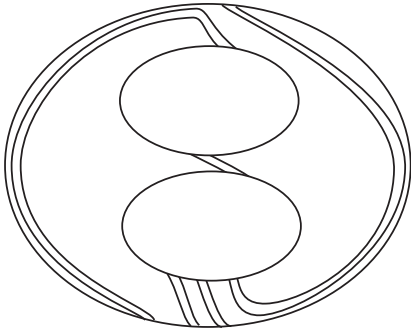
(iii) The exterior of this surface

## Example



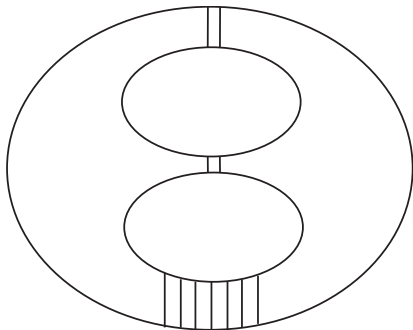
(iv) The second surface in the hierarchy

## Example



(v) The pattern of one of the balls

## Example



(vi) A simplified copy of the pattern

This is an essential boundary pattern, and hence the knot  $5_2$  is not the unknot

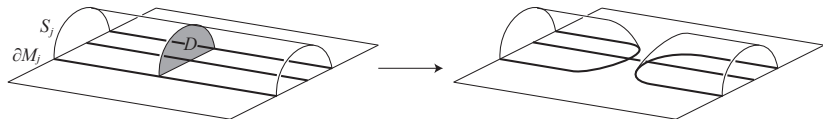
# Simplifying inessential hierarchies

What if we have a hierarchy  $M_1, \dots, M_{\ell+1}$  that is inessential?

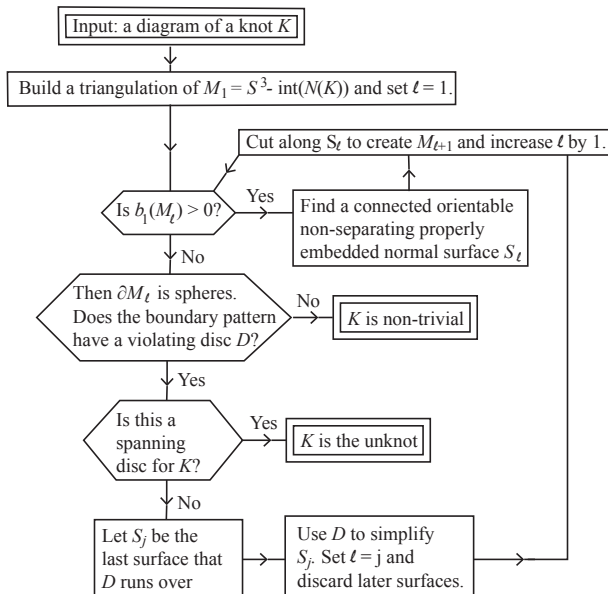
Let  $D$  be a violating disc for  $M_{\ell+1}$ .

Then  $D$  can be used to simplify the hierarchy.

Let  $S_j$  be the last surface that  $\partial D$  runs over. Then  $D$  can be used to compress or 'pattern-compress'  $S_j$ .



# A new unknot recognition algorithm



## Why does this terminate?

We cannot have an infinite sequence of decompositions along normal surfaces.

So eventually we must end with a collection of 3-balls.

We can decide whether the pattern in the 3-balls is essential.

If it is, the knot is non-trivial.

If there is a violating disc, the resulting compression or pattern compression reduces the complexity

$$(g(S_1), \dots, g(S_\ell))$$

where we use lexicographical ordering.

(Throughout the talk, I'll refer to the 'genus'  $g(S_i)$  but I may mean some related notion, for example  $\chi_-$  or a version that also counts intersections with the pattern.)

# An estimate of running time

Suppose that we knew

- ▶ each surface  $S_i$  in the hierarchy had  $g(S_i) \leq g$ ;
- ▶ the maximal length of the hierarchy was at most  $L$ .

Then we could define the  $(g, L)$ -complexity of the hierarchy to be

$$\sum_{i=1}^L g(S_i) g^{L-i}.$$

(ie we would view  $g(S_1), g(S_2), \dots$  as a sequence of digits in base  $g$ ).

Each time we simplify the hierarchy, its  $(g, L)$ -complexity decreases.

So the 'running time' would be at most  $Lg^L$ .



# Methods of speeding up the algorithm

The 'running time' is at most  $Lg^L$ .

Initial estimates only give  $L \leq O(n)$  and  $g \leq 2^{O(n)}$ , where  $n$  = the initial crossing number.

We will give 4 methods of speeding up the algorithm:

1. use surfaces with  $g \leq O(n^2)$ ;
2. encode hierarchies efficiently [Agol-Hass-Thurston];
3. use 'multi-surfaces';
4. use Heegaard splittings and 'Cheeger regions'.

The effect of this is ensure that  $L \leq O(\log n)^2$ .

Hence, the running time is  $n^{O(\log n)^2}$ .

## A quadratic bound on the genus of surfaces

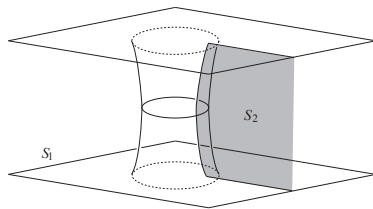
The first surface in the hierarchy is a Seifert surface.

Seifert's algorithm creates a surface  $S_1$  with  $g(S_1) \leq O(n)$ .

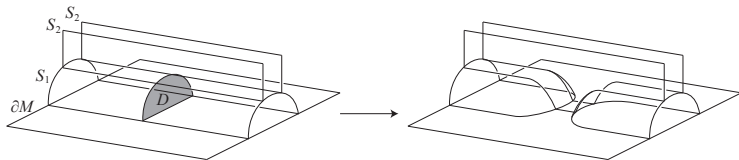
For the later surfaces in the hierarchy, we use a generalisation of Seifert's algorithm: we do not forget that our manifolds  $M_i$  lie in  $S^3$ .

# What makes the algorithm inefficient?

The problem is that if we compress a surface  $S_j$ , we have to discard the later surfaces.



This is not the case with boundary-compressions:



## Multi-surfaces

Instead of cutting along one surface at a time, we cut along a 'multi-surface'.

A **multi-surface** in a 3-manifold  $M$  is a collection of properly embedded oriented surfaces  $S_1, \dots, S_k$  such that  $[S_1], \dots, [S_k]$  represent linearly independent elements of  $H_2(M, \partial M)$ . Its **rank** is  $k$ .

We can use a multi-surface  $S_1, \dots, S_k$  to create  $k$  steps in the hierarchy using the surfaces

$$S'_1 = S_1,$$

$$S'_2 = S_2 \setminus S_1,$$

$$S'_3 = S_3 \setminus (S_1 \cup S_2) \dots$$

Poincaré duality implies that a compact orientable 3-manifold  $M$  contains a multi-surface of rank at least  $g(\partial M)$ .

## Compressing a multi-surface

Suppose that we boundary-compress some  $S'_j$ . Then we do not need to discard the rest of the hierarchy.

Suppose that we compress some  $S'_j$ . Then we can view this as a compression of  $S_j$ , and we simplify the multi-surface  $S_1, \dots, S_k$ .

So as far as our algorithm is concerned, a multi-surface behaves like a single surface.

Our aim is to find a hierarchy of multi-surfaces of length  $O(\log n)^2$ .

# Logarithmic length

We hope to find a hierarchy

$$M_1 \xrightarrow{S_1} M_2 \xrightarrow{S_2} \dots \xrightarrow{S_\ell} M_{\ell+1}$$

where

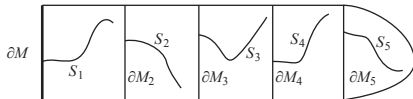
- ▶  $S_i$  is a multi-surface of rank  $g(\partial M_i)$ ;
- ▶  $g(\partial M_i)$  grows exponentially as a function of  $i$ ;

and so the hierarchy terminates after  $O(\log n)^2$  steps.

# Long and thin manifolds

How might this fail?

A problematic case is where  $g(\partial M_i)$  is 'small' for each  $i$ :



I examined such manifolds when I was investigating Cheeger constants some years ago.

Recall that the **Cheeger constant** of a Riemannian  $n$ -manifold  $M$  is

$$\inf \left\{ \frac{\text{Area}(\partial M')}{\min\{\text{Vol}(M'), \text{Vol}(M - M')\}} \right\}$$

as  $M'$  ranges over all  $n$ -dimensional submanifolds of  $M$ .

# Measuring progress through the manifold

A hierarchy gives  $M = M_1 \supset M_2 \supset \cdots \supset M_{\ell+1}$ .

We measure the 'size' of  $M_i$  using Heegaard splittings.

We work with a **generalised Heegaard splitting** on our manifold  $M$  arising from a Morse function  $h$ .

Let's consider the simple case where it is a Heegaard splitting with Heegaard surface  $H$ .

The 'size' of  $M_i$  is  $g(H \cap M_i)$ .



# Cheeger regions

We work with a **generalised Heegaard splitting** on our manifold  $M$  arising from a Morse function  $h$ .

At each stage of the hierarchy, we have a submanifold  $M_i$  of  $M$ .

We say that  $M_i$  is **Cheeger region** if  $h|_{M_i}$  is a Heegaard Morse function with Heegaard surface  $H_i$ , and

$$g(\partial M_i) \leq (1/10) \min\{g(H_i), g(H) - g(H_i)\},$$

where  $H$  is the level of  $h$  containing  $H_i$ .

- ▶ If we come across a Cheeger region, we can simplify the initial generalised Heegaard splitting.
- ▶ If we never see a Cheeger region, the hierarchy completes in  $O(\log n)^2$  steps.

# The algorithm that runs in quasi-polynomial time

