# Unknot recognition in quasi-polynomial time 

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March 2021

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Goeritz's unknot

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Haken's unknot

## Early history

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Fig. 1. (a) The trefoil knot (b) a possible representation of this knot as a number of segments joining points.

Theorem: [Haken, 1961] There is an algorithm to determine whether a given knot is the unknot.


## Many other approaches

- Normal surfaces [Haken, Hass-Lagarias-Pippenger]
- Geometric structures [Thurston]
- Representations of $\pi_{1}$ [Kuperberg]
- Hierarchies [Agol, L]
- Khovanov homology [Kronheimer-Mrowka]
- Heegaard Floer homology [Ozsváth-Szabó, Sarkar-Wang, Manolescu-Ozsváth-Sarkar]
- Arc presentations [Dynnikov, L]
- Reidemeister moves [Hass-Lagarias, L]
- Pachner moves [Mijatovic]


## A polynomial time solution?

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[Thurston 2011] 'A lot of people have thought about this question.' 'I think it's entirely possible that there's a polynomial-time combinatorial algorithm to unknot an unknottable curve, but this has been a very hard question to resolve.'

## The complexity of unknot recognition

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Main Theorem: [L 2021] There is an algorithm to determine whether a diagram with $n$ crossings is the unknot that completes in time $2^{O(\log n)^{3}}$.

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Theorem: [Kuperberg 2014, Agol 2002, L 2016] Unknot recognition lies in co-NP.

Main Theorem: [L 2021] There is an algorithm to determine whether a diagram with $n$ crossings is the unknot that completes in time $2^{O(\log n)^{3}}$. 'quasi-polynomial time'

## Hierarchies

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A hierarchy is a sequence of 3-manifolds $M=M_{1}, \ldots, M_{\ell+1}$ and orientable surfaces $S_{1}, \ldots, S_{\ell}$ such that each $S_{i}$ is properly embedded in $M_{i}$ and $M_{i+1}=M_{i} \backslash \backslash S_{i}$.

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We do not require the surfaces to be incompressible or for the final manifold $M_{\ell+1}$ to be balls (although we will be aiming to produce such hierarchies).

## Boundary patterns

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## Essential boundary patterns

A boundary pattern $P$ is essential if, for any properly embedded disc $D$ that intersects $P$ at most three times, $\partial D$ bounds a disc $D^{\prime}$ in $\partial M$ that intersects $P$ in one of the following:


- the empty set,
- an arc,
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A disc $D$ properly embedded in $M$ that intersects $P$ at most three times for which $\partial D$ does not bound a disc $D^{\prime}$ in $\partial M$ as above is a violating disc.

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So, we will use essential hierarchies as a way of proving that a knot is non-trivial.

## Example


(i) The knot $5_{2}$

## Example


(ii) The first surface in the hierarchy

## Example


(iii) The exterior of this surface

## Example


(iv) The second surface in the hierarchy

## Example


(v) The pattern of one of the balls

## Example


(vi) A simplified copy of the pattern

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This is an essential boundary pattern, and hence the knot $5_{2}$ is not the unknot

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(Throughout the talk, I'll refer to the 'genus' $g\left(S_{i}\right)$ but I may mean some related notion, for example $\chi_{-}$or a version that also counts intersections with the pattern.)

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Each time we simplify the hierarchy, its $(g, L)$-complexity decreases.
So the 'running time' would be at most $L g^{L}$.

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Hence, the running time is $n^{O(\log n)^{2}}$.

A quadratic bound on the genus of surfaces

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Seifert's algorithm creates a surface $S_{1}$ with $g\left(S_{1}\right) \leq O(n)$.
For the later surfaces in the hierarchy, we use a generalisation of Seifert's algorthm: we do not forget that our manifolds $M_{i}$ lie in $S^{3}$.

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This is not the case with boundary-compressions:


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A multi-surface in a 3 -manifold $M$ is a collection of properly embedded oriented surfaces $S_{1}, \ldots, S_{k}$ such that [ $S_{1}$ ], .., $\left[S_{k}\right.$ ] represent linearly independent elements of $H_{2}(M, \partial M)$. Its rank is k.

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We can use a multi-surface $S_{1}, \ldots, S_{k}$ to create $k$ steps in the hierarchy using the surfaces

$$
\begin{gathered}
S_{1}^{\prime}=S_{1} \\
S_{2}^{\prime}=S_{2} \backslash \backslash S_{1} \\
S_{3}^{\prime}=S_{3} \backslash \backslash\left(S_{1} \cup S_{2}\right) \ldots
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Poincaré duality implies that a compact orientable 3-manifold $M$ contains a multi-surface of rank at least $g(\partial M)$.

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Our aim is to find a hierarchy of multi-surfaces of length $O(\log n)^{2}$.

## Logarithmic length

We hope to find a hierarchy

$$
M_{1} \xrightarrow{\mathcal{S}_{1}} M_{2} \xrightarrow{\mathcal{S}_{2}} \ldots \xrightarrow{\mathcal{S}_{\ell}} M_{\ell+1}
$$

where

- $\mathcal{S}_{i}$ is a multi-surface of rank $g\left(\partial M_{i}\right)$;
- $g\left(\partial M_{i}\right)$ grows exponentially as a function of $i$; and so the hierarchy terminates after $O(\log n)^{2}$ steps.


## Long and thin manifolds

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Recall that the Cheeger constant of a Riemannian n-manifold $M$ is

$$
\inf \left\{\frac{\operatorname{Area}\left(\partial M^{\prime}\right)}{\min \left\{\operatorname{Vol}\left(M^{\prime}\right), \operatorname{Vol}\left(M-M^{\prime}\right)\right\}}\right\}
$$

as $M^{\prime}$ ranges over all $n$-dimensional submanifolds of $M$.

Measuring progress through the manifold

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The 'size' of $M_{i}$ is $g\left(H \cap M_{i}\right)$.

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g\left(\partial M_{i}\right) \leq(1 / 10) \min \left\{g\left(H_{i}\right), g(H)-g\left(H_{i}\right)\right\}
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where $H$ is the level of $h$ containing $H_{i}$.

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- If we come across a Cheeger region, we can simplify the initial generalised Heegaard splitting.
- If we never see a Cheeger region, the hierarchy completes in $O(\log n)^{2}$ steps.


## The algorithm that runs in quasi-polynomial time

| Start here. <br> Input a diagram of <br> a knot $K$. |
| :--- |

The hierarchy construction loop


