# NEW UPPER BOUNDS FOR TRACE RECONSTRUCTION 

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Abstract. We show that any $n$-bit string can be recovered with high probability from $\exp \left(\widetilde{O}\left(n^{1 / 5}\right)\right)$ independent random subsequences.

## 1. Introduction

Given a string $x \in\{0,1\}^{n}$, a trace of $x$ is a random string obtained by deleting each bit of $x$ with probability $q$, independently, and concatenating the remaining string. For example, a trace of 11001 could be 101, obtained by deleting the second and third bits. The goal of the trace reconstruction problem is to determine an unknown string $x$, with high probability, by looking at as few independently generated traces of $x$ as possible.

More precisely, fix $\delta, q \in(0,1)$. Take $n$ large. For each $x \in\{0,1\}^{n}$, let $\mu_{x}$ be the probability distribution on $\cup_{j=0}^{n}\{0,1\}^{j}$ given by $\mu_{x}(w)=(1-q)^{|w|} q^{n-|w|} f(w ; x)$, where $f(w ; x)$ is the number of times $w$ appears as a subsequence in $x$, that is, the number of strictly increasing tuples $\left(i_{0}, \ldots, i_{|w|-1}\right)$ such that $x_{i_{j}}=w_{j}$ for $0 \leq j \leq$ $|w|-1$. The problem is to determine the minimum value of $T=T_{q, \delta}(n)$ for which there exists a function $F:\left(\cup_{j=0}^{n}\{0,1\}^{j}\right)^{T} \rightarrow\{0,1\}^{n}$ satisfying $\mathbb{P}_{\mu_{x}^{T}}\left[F\left(U^{1}, \ldots, U^{T}\right)=\right.$ $x] \geq 1-\delta$ for each $x \in\{0,1\}^{n}$ (where the $U^{j}$ denote the $T$ independent traces).

Supressing the dependence on $q$ and $\delta$, Holenstein, Mitzenmacher, Panigrahy, and Wieder [15] established an upper bound, that $\exp \left(\widetilde{O}\left(n^{1 / 2}\right)\right)$ traces suffice. Nazarov and Peres [20] and De, O'Donnell, and Servedio [12] simultaneously obtained the (previous) best upper bound known, that $\exp \left(O\left(n^{1 / 3}\right)\right)$ traces suffice.

In this paper, we improve the upper bound on trace reconstruction to $\exp \left(\widetilde{O}\left(n^{1 / 5}\right)\right)$.
Theorem 1. For any deletion probability $q \in(0,1)$ and any $\delta>0$, there exists $C>0$ so that any unkown string $x \in\{0,1\}^{n}$ can be reconstructed with probability at least $1-\delta$ from $T=\exp \left(C n^{1 / 5} \log ^{5} n\right)$ i.i.d. traces of $x$.

Batu et al. [3] proved a lower bound of $\Omega(n)$, which was improved to $\widetilde{\Omega}\left(n^{5 / 4}\right)$ by Holden and Lyons [13], which was then improved to $\widetilde{\Omega}\left(n^{3 / 2}\right)$ by the author [7].

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A variant of the trace reconstruction problem requires one to, instead of reconstruct any string $x$ from traces of it, reconstruct a string $x$ chosen uniformly at random from traces of it. For a formal statement of the problem, see Section 1.2 of [13]. Peres and Zhai [21] obtained an upper bound of $\exp \left(O\left(\log ^{1 / 2} n\right)\right)$ for $q<\frac{1}{2}$, which was then improved to $\exp \left(O\left(\log ^{1 / 3} n\right)\right)$ for all (constant) $q$ by Holden, Pemantle, Peres, and Zhai [14].

Holden and Lyons [13] proved a lower bound for this random variant of $\widetilde{\Omega}\left(\log ^{9 / 4} n\right)$, which was then improved by the author $[7]$ to $\widetilde{\Omega}\left(\log ^{5 / 2} n\right)$.

Several other variants of the trace reconstruction problem have been considered. The interested reader should refer to [1], [2], [11], [10], [4], [18], [16], [19].

In a previous version of this paper, we proved Theorem 1 only for $q \in\left(0, \frac{1}{2}\right]$. Shyam Narayanan found a short argument extending our methods to get all $q \in(0,1)$. He kindly allowed us to use his argument in this paper.

We made no effort to optimize the (power of the) logarithmic term $\log ^{5} n$ in Theorem 1.

## 2. Notation

We index starting at 0 . For strings $w$ and $x$, we sometimes write $1_{x_{k+i}=w_{i}}$ as shorthand for $\prod_{i=0}^{|w|-1} 1_{x_{k+i}=w_{i}}$. Let $\mathbb{D}=\{z \in \mathbb{C}:|z|<1\}$. For functions $f$ and $g$, we say $f=\widetilde{O}(g)$ if $|f| \leq C|g| \log ^{C}|g|$ for some constant $C$. The symbol $\mathbb{E}_{x}$ denotes the expectation under the probability distribution over traces generated by the string $x$. For a trace $U$, we define $U_{j}=2$ for $j>|U|$; this is simply to make " $U_{j}=0$ " and " $U_{j}=1$ " both false. We use $0^{0}:=1$. For a positive integer $n$, denote $[n]:=\{1, \ldots, n\}$. For a function $f$ and a set $E$, denote $\|f\|_{E}:=\max _{z \in E}|f(z)|$. We say $A \subseteq\{0, \ldots, n-1\}$ is $d$-separated if distinct $a, a^{\prime} \in A$ have $\left|a-a^{\prime}\right| \geq d$.

## 3. Sketch of Argument

The upper bound of $\exp \left(O\left(n^{1 / 3}\right)\right)$ was obtained by analyzing the polynomial $\sum_{k}\left[x_{k}-y_{k}\right] z^{k}$ whose value can be well enough approximated from a sufficient number of traces. In this paper, we analyze the polynomial $\sum_{k}\left[1_{x_{k+i}=w_{i}}-1_{y_{k+i}=w_{i}}\right] z^{k}$, for a well-chosen (sub)string $w$; its value can be well enough approximated from a sufficient number of traces, provided $q \leq 1 / 2$. The benefit of this polynomial is that for certain choices of $w$, it is far sparser than the more general $\sum_{k}\left[x_{k}-y_{k}\right] z^{k}$. In the author's paper [8] improving the upper bound on the separating words problem, lower bounds were obtained for (the absolute value of) these sparser polynomials near 1 on the real axis that were superior to those for the more general $\sum_{k}\left[x_{k}-y_{k}\right] z^{k}$. We use the methods developed in that paper and methods used in [5] to obtain superior lower bounds for points on a small arc of the unit circle centered at 1 .

## 4. Proof of Theorem 1

Fix $q \in(0,1)$, and let $p=1-q$. The following 'single bit statistics' identity was proven in [20, Lemma 2.1]; in it, $U$ denotes a random trace of $x$.

$$
\mathbb{E}_{x}\left[p^{-1} \sum_{0 \leq j \leq n-1} 1_{U_{j}=1}\left(\frac{z-q}{p}\right)^{j}\right]=\sum_{0 \leq k \leq n-1} 1_{x_{k}=1} z^{k}
$$

We shall use a generalization of this identity to approximate a weighted count (by position) of subsequence appearances in $x$ rather than a weighted count (by position) of appearances of 1 . Choosing variables appropriately will recover a weighted count of (contiguous) substring appearances in $x$. An unweighted version was used in [9].

Proposition 4.1. For any $x \in\{0,1\}^{n}, l \geq 1, w \in\{0,1\}^{l}$, and $z_{0}, \ldots, z_{l-1} \in \mathbb{C}$, we have

$$
\begin{gathered}
\mathbb{E}_{x}\left[p^{-1} \sum_{j_{0}<\cdots<j_{l-1}}\left(\prod_{i=0}^{l-1} 1_{U_{j_{i}}=w_{i}}\right)\left(\frac{z_{0}-q}{p}\right)^{j_{0}}\left(\prod_{i=1}^{l-1}\left(\frac{z_{i}-q}{p}\right)^{j_{i}-j_{i-1}-1}\right)\right] \\
=\sum_{k_{0}<\cdots<k_{l-1}}\left(\prod_{i=0}^{l-1} 1_{x_{k_{i}}=w_{i}}\right) z_{0}^{k_{0}}\left(\prod_{i=1}^{l-1} z_{i}^{k_{i}-k_{i-1}-1}\right)
\end{gathered}
$$

Proof. To ease with the proof and perhaps give the reader another perspective by "writing out the products", we rewrite the identity we wish to prove as

$$
\begin{gathered}
\mathbb{E}_{x}\left[\begin{array}{l}
p^{-l} \\
\sum_{\substack{0 \leq j \leq n-1 \\
\Delta_{1}, \ldots, \Delta_{l-1} \geq 1}} 1_{\tilde{U}_{j}=w_{0}} 1_{\widetilde{U}_{j+\Delta_{1}+\ldots+\Delta_{i}}=w_{i}}^{\forall 1 \leq i \leq l-1} ⿺ \\
\left.\left.\quad=\sum_{k_{0}<\cdots<k_{l-1}} 1_{x_{0}-q}^{p}\right)^{j}\left(\frac{z_{1}-q}{p}\right)^{\Delta_{1}-1}\left(\frac{z_{2}-q}{p}\right)^{\Delta_{2}-1} \ldots\left(\frac{z_{l-1}-q}{p}\right)^{\Delta_{l-1}-1}\right]
\end{array}\right] \\
\end{gathered}
$$

By basic combinatorics, the left hand side of the above is

$$
\begin{aligned}
& p^{-l} \sum_{j, \Delta_{1}, \ldots, \Delta_{l-1}} \sum_{\substack{k_{0}<\cdots<k_{l-1}}}^{\substack{x_{k_{i}}=w_{i} \\
\forall 0 \leq i \leq l-1}}\binom{k_{0}}{j}\binom{k_{1}-k_{0}-1}{\Delta_{1}-1}\binom{k_{2}-k_{1}-1}{\Delta_{2}-1} \ldots\binom{k_{l-1}-k_{l-2}-1}{\Delta_{l-1}-1} \\
& \times p^{j+\Delta_{1}+\cdots+\Delta_{l-1}+1} q^{k_{l-1}+1-\left(j+\Delta_{1}+\cdots+\Delta_{l-1}+1\right)} \\
& \\
& \times\left(\frac{z_{0}-q}{p}\right)^{j}\left(\frac{z_{1}-q}{p}\right)^{\Delta_{1}-1} \ldots\left(\frac{z_{l-1}-q}{p}\right)^{\Delta_{l-1}-1} \\
& =\sum_{k_{0}<\cdots<k_{l-1}} 1_{\substack{x_{k_{k}}=w_{i} \\
\forall 0 \leq i \leq l-1}}\left(\sum_{j}\binom{k_{0}}{j}\left(z_{0}-q\right)^{j} q^{k_{0}-j}\right)\left(\sum_{\Delta_{1}}\binom{k_{1}-k_{0}-1}{\Delta_{1}-1}\left(z_{1}-q\right)^{\Delta_{1}-1} q^{k_{1}-k_{0}-1-\left(\Delta_{1}-1\right)}\right) \\
& \quad \times \cdots \times\left(\sum_{\Delta_{l-1}}\binom{k_{l-1}-k_{l-2}-1}{\Delta_{l-1}-1}\left(z_{l-1}-q\right)^{\Delta_{l-1}-1} q^{k_{l-1}-k_{l-2}-1-\left(\Delta_{l-1}-1\right)}\right) .
\end{aligned}
$$

The binomial theorem finishes the proof.
Let $\mathcal{P}_{n}$ be the set of all polynomials ${ }^{1} p(z)=1-\sigma z^{d}+\sum_{j=n^{1 / 5}}^{n} c_{j} z^{j} \in \mathbb{C}[z]$ with $1 \leq d<n^{1 / 5}, \sigma \in\{0,1\}$, and $\left|c_{j}\right| \leq 1$ for each $j$.

We prove the following theorem in the next section. We assume it to be true until then.

Theorem 2. There is some $C>0$ so that for any $n \geq 2$ and any $p \in \mathcal{P}_{n}$,

$$
\max _{|\theta| \leq n^{-2 / 5}}\left|p\left(e^{i \theta}\right)\right| \geq \exp \left(-C n^{1 / 5} \log ^{5} n\right)
$$

Proposition 4.2. For any distinct $x, y \in\{0,1\}^{n}$ with $x_{i}=y_{i}$ for all $0 \leq i<$ $2 n^{1 / 5}-1$, there are $w \in\{0,1\}^{2 n^{1 / 5}}$ and $z_{0} \in\left\{e^{i \theta}:|\theta| \leq n^{-2 / 5}\right\}$ such that

$$
\left|\sum_{k}\left[1_{x_{k+i}=w_{i}}-1_{y_{k+i}=w_{i}}\right] z_{0}^{k}\right| \geq \exp \left(-C n^{1 / 5} \log ^{5} n\right)
$$

Proof. Let $i \geq 2 n^{1 / 5}-1$ be the first index with $x_{i} \neq y_{i}$. Let $w^{\prime}=x_{i-2 n^{1 / 5}+1}, \ldots, x_{i-1}$. As used in [8], Lemmas 1 and 2 of [22] imply that there is some choice $w \in\left\{w^{\prime} 0, w^{\prime} 1\right\}$ such that the indices $k$ for which $x_{k+i}=w_{i}$ for all $0 \leq i \leq 2 n^{1 / 5}-1$ are $n^{1 / 5}$ separated, and such that the indices $k$ for which $y_{k+i}=w_{i}$ for all $0 \leq i \leq 2 n^{1 / 5}-1$ are $n^{1 / 5}$-separated. Therefore, if $p(z):=\sum_{k}\left[1_{x_{k+i}=w_{i}}-1_{y_{k+i}=w_{i}}\right] z^{k}$, then $\epsilon \frac{p(z)}{z^{m}} \in \mathcal{P}_{n}$ for some $\epsilon \in\{-1,1\}$ and $0 \leq m \leq n-1$. Thus, by Theorem 2 , there is some $\theta \in$ $\left[-n^{-2 / 5}, n^{-2 / 5}\right]$ such that $\exp \left(-C n^{1 / 5} \log ^{5} n\right) \leq\left|\epsilon \frac{p\left(e^{i \theta}\right)}{e^{i m \theta}}\right|=\left|p\left(e^{i \theta}\right)\right|$. Take $z_{0}=e^{i \theta}$.

In a previous version of this paper, we used Proposition 4.1 with $z_{1}, \ldots, z_{l-1}=0$ and $z_{0}$ chosen according to Proposition 4.2 to prove Theorem 1, which only worked for $q \leq 1 / 2$, since, for $q>1 / 2$, the quantity $(-q / p)^{j_{i}-j_{i-1}}$ would be too large in magnitude (for $j_{i}-j_{i-1} \approx n$ ), leading to too large a variance to well-enough approximate $\sum_{k}\left[1_{x_{k+i}=w_{i}}-1_{y_{k+i}=w_{i}}\right] z_{0}^{k}$ with few traces. The idea of Shyam Narayanan was to choose $z_{1}, \ldots, z_{l-1}$ close to 1 so that $\left(\frac{z_{i}-q}{p}\right)^{j_{i}-j_{i-1}}$ would no longer be too large in magnitude, while also keeping the right hand side of Proposition 4.1 not too small. The following corollary, due to him, establishes the existence of such $z_{1}, \ldots, z_{l-1}$.

Corollary 4.3. For any distinct $x, y \in\{0,1\}^{n}$ with $x_{i}=y_{i}$ for all $0 \leq i<l-1:=$ $2 n^{1 / 5}-1$, there are $w \in\{0,1\}^{l}, z_{0} \in\left\{e^{i \theta}:|\theta| \leq n^{-2 / 5}\right\}$, and $z_{1}, \ldots, z_{l-1} \in[1-2 p, 1]$ such that ${ }^{2}$

$$
\left|\sum_{k_{0}<\cdots<k_{l-1}}\left[1_{x_{k_{i}}=w_{i}}-1_{y_{k_{i}}=w_{i}}\right] z_{0}^{k_{0}} z_{1}^{k_{1}-k_{0}-1} \ldots z_{l-1}^{k_{l-1}-k_{l-2}-1}\right| \geq \exp \left(-C^{\prime} n^{1 / 5} \log ^{5} n\right)
$$

[^0]Proof. Let $w$ and $z_{0}$ be those guaranteed by Proposition 4.2. Let

$$
f\left(z_{1}\right)=\binom{n}{2 n^{1 / 5}}^{-1} \sum_{k_{0}<\cdots<k_{l-1}}\left[1_{x_{k_{i}}=w_{i}}-1_{y_{k_{i}}=w_{i}}\right] z_{0}^{k_{0}} z_{1}^{k_{l-1}-k_{0}-(l-1)} .
$$

Note that $f$ is a polynomial in $z_{1}$ with each coefficient trivially upper bounded by 1 in absolute value. Therefore, by Theorem 5.1 of [6],

$$
\begin{aligned}
\binom{n}{2 n^{1 / 5}} \max _{z_{1} \in[1-2 p, 1]}\left|f\left(z_{1}\right)\right| & \geq\binom{ n}{2 n^{1 / 5}}|f(0)|^{c_{1} /(2 p)} e^{-c_{2} /(2 p)} \\
& \geq\binom{ n}{2 n^{1 / 5}}\left(\binom{n}{2 n^{1 / 5}}^{-1} \exp \left(-C n^{1 / 5} \log ^{5} n\right)\right)^{c_{1} /(2 p)} e^{-c_{2} /(2 p)} \\
& \geq \exp \left(-C^{\prime} n^{1 / 5} \log ^{5} n\right)
\end{aligned}
$$

The corollary then follows by taking a $z_{1}$ realizing this maximum and then setting $z_{2}, \ldots, z_{l-1}=z_{1}$.

We are now ready to establish our main theorem. We encourage the reader to first read the proof of the $\exp \left(O\left(n^{1 / 3}\right)\right)$ upper bound in [20].

Proof of Theorem 1. Take distinct $x, y \in\{0,1\}^{n}$. If $x_{i} \neq y_{i}$ for some $i<2 n^{1 / 5}-1$, then, by Lemma 4.1 of [21], $x$ and $y$ can be distinguished with high probability with $\exp \left(O\left(n^{1 / 15}\right)\right) \leq \exp \left(C^{\prime \prime} n^{1 / 5} \log ^{5} n\right)$ traces ${ }^{3}$. So suppose otherwise. Let $w, z_{0}, z_{1}, \ldots, z_{2 n^{1 / 5}-1}$ be those guaranteed by Corollary 4.3. Since $z_{1}, \ldots, z_{2 n^{1 / 5}-1} \in$ $[1-2 p, 1]$, each of $\frac{z_{i}-q}{p}, 1 \leq i \leq 2 n^{1 / 5}-1$, is between -1 and 1 , and so the expression in brackets in Proposition 4.1 has magnitude upper bounded by $n\left|\frac{z_{0}-q}{p}\right|^{n} 2^{2 n^{1 / 5}}$, which, by the choice of $z_{0}$, is upper bounded by $n \exp \left(C \frac{n}{n^{4 / 5}}\right) 2^{2 n^{1 / 5}}$ (see [20, (2.3)] for details). Therefore, since the expression in brackets in Proposition 4.1 is a function of just the observed traces, by Corollary 4.3 and a standard Höeffding inequality argument (see [20] for details; note the pigeonhole is not necessary), we see that $\exp \left(C^{\prime \prime \prime} n^{1 / 5} \log ^{5} n\right)$ traces suffice to distinguish between $x$ and $y$. As explained in [20], this "pairwise upper bound" in fact suffices to establish Theorem 1.

## 5. Proof of Theorem 2

We may of course assume $n$ is large.
Let $a=n^{-2 / 5}$ and $r=a^{-1 / 2}$. Let $r_{*} \in[r]$ be such that

$$
\sum_{j=1}^{r_{*}} \frac{1}{\log ^{2}(j+3)}-\sum_{j=r_{*}+1}^{r} \frac{1}{\log ^{2}(j+3)} \in[20,21]
$$

[^1]such an $r_{*}$ clearly exists. Let
\[

\left\{$$
\begin{array}{ll}
\epsilon_{j}=+1 & \text { if } 1 \leq j \leq r_{*} \\
\epsilon_{j}=-1 & \text { if } r_{*}+1 \leq j \leq r
\end{array}
$$ .\right.
\]

Let $\lambda_{a} \in(1,2)$ be such that

$$
\sum_{j=1}^{r} \frac{\lambda_{a}}{j^{2} \log ^{2}(j+3)}=1
$$

Let

$$
d_{j}=\frac{\lambda_{a}}{j^{2} \log ^{2}(j+3)}
$$

Define

$$
\widetilde{h}(z)=\widetilde{\lambda}_{a} \sum_{j=1}^{r} \epsilon_{j} d_{j} z^{j}
$$

where $\widetilde{\lambda}_{a} \in(1,2)$ is such that $\widetilde{h}(1)=1$. Define

$$
h(z)=\left(1-a^{10}\right) \widetilde{h}(z)
$$

Let

$$
\alpha=e^{i a}, \beta=e^{-i a}
$$

and

$$
I_{t}=\left\{z \in \mathbb{C}: \arg \left(\frac{\alpha-z}{z-\beta}\right)=t\right\}
$$

for $t \geq 0$. Note that $I_{0}$ is the line segment connecting $\alpha$ and $\beta$ and $I_{a}=\left\{e^{i \theta}:|\theta| \leq a\right\}$ is the set on which we wish to lower bound $p$ at some point. Let

$$
G_{a}=\left\{z \in \mathbb{C}: \arg \left(\frac{\alpha-z}{z-\beta}\right) \in\left(\frac{a}{2}, a\right)\right\}
$$

be the open region bounded by $I_{a / 2}$ and $I_{a}$.
As in [8], we needed our choice of $h$ to satisfy (i) $\left|h\left(e^{2 \pi i t}\right)\right| \leq 1-c|t|$ for $|t|>a^{1 / 2}$ (up to logs). In this paper, we need (ii) $\left|h\left(e^{2 \pi i t}\right)\right| \geq 1-C a^{2}$ for $|t| \approx a$; in [8], we instead had $\left|h\left(e^{2 \pi i t}\right)\right| \approx 1-a$ for $|t| \approx a$. Some thought shows that a polynomial with positive coefficients will not work. We therefore had roughly half of our coefficients be -1 so that (ii) holds; changing those coefficients doesn't affect (i) since the corresponding degrees are large. However, due to our required normalization that $h(1)$ is basically 1 , the negative coefficients make it so that $h$ might no longer map $\underset{\sim}{r}$ into the unit disk, which is highly problematic for later application. Luckily, though, $\widetilde{h}$, and thus $h$, does map into the unit disk. We prove that in the appendix.
Lemma 5.1. For any $t \in[-\pi, \pi], \widetilde{h}\left(e^{i t}\right) \in \overline{\mathbb{D}}$.

Lemma 5.2. There are absolute constants $c_{4}, c_{5}, C_{6}>0$ such that the following hold for $a>0$ small enough. First, $h\left(e^{2 \pi i t}\right) \in G_{a}$ for $|t| \leq c_{4} a$. Second, $\left|h\left(e^{2 \pi i t}\right)\right| \leq$ $1-c_{5} \frac{|t|}{\log ^{2}\left(a^{-1}\right)}$ for $t \in\left[\frac{-1}{2}, \frac{1}{2}\right] \backslash\left[-C_{6} a^{1 / 2}, C_{6} a^{1 / 2}\right]$.
Proof. Take $|t| \leq a$. Then,

$$
\begin{aligned}
& \widetilde{h}\left(e^{2 \pi i t}\right)=\widetilde{\lambda}_{a} \sum_{j=1}^{r_{*}} \frac{\lambda_{a}}{j^{2} \log ^{2}(j+3)}\left(1+2 \pi i t j-2 \pi^{2} t^{2} j^{2}+O\left(t^{3} j^{3}\right)\right) \\
&-\widetilde{\lambda}_{a} \sum_{j=r_{*}+1}^{r} \frac{\lambda_{a}}{j^{2} \log ^{2}(j+3)}\left(1+2 \pi i t j-2 \pi^{2} t^{2} j^{2}+O\left(t^{3} j^{3}\right)\right) .
\end{aligned}
$$

By our choice of $r_{*}, h\left(e^{2 \pi i t}\right)=1-\delta+\epsilon i$ for $\delta:=c_{1} t^{2}+a^{10}+O\left(\frac{t^{3} r^{2}}{\log ^{2} r}\right)$ and $\epsilon:=$ $c_{2} t+O\left(\frac{t^{3} r^{2}}{\log ^{2} r}\right)$, where $c_{1}, c_{2}$ are bounded positive quantities that are bounded away from 0 . By multiplying the denominator by its conjugate, we have

$$
\arg \left(\frac{e^{i a}-(1-\delta+\epsilon i)}{(1-\delta+\epsilon i)-e^{-i a}}\right)=\arg \left(\left[e^{i a}-(1-\delta+\epsilon i)\right] \cdot\left[(1-\delta-\epsilon i)-e^{i a}\right]\right)
$$

The ratio of the imaginary part to the real part of the term inside $\arg (\cdot)$ is

$$
\frac{2(1-\delta-\cos (a)) \sin (a)}{-\cos ^{2}(a)+2(1-\delta) \cos (a)-(1-\delta)^{2}+\sin ^{2}(a)-\epsilon^{2}} .
$$

Writing $\cos (a)=1-\frac{1}{2} a^{2}+O\left(a^{4}\right)$ and $\sin (a)=a+O\left(a^{3}\right)$, and using $\delta=O\left(a^{2}\right)$, the above simplifies to

$$
\frac{a^{3}-2 a \delta+O\left(a^{4}\right)}{a^{2}-\epsilon^{2}+O\left(a^{3}\right)}
$$

If $|t| \leq c_{4} a$, then, as $\delta=c_{1} t^{2}+a^{10}+O\left(\frac{t^{3} r^{2}}{\log ^{2} r}\right), \epsilon=c_{2} t+O\left(\frac{t^{3} r^{2}}{\log ^{2} r}\right)$, the inverse tangent of the above is at least $\frac{a}{2}$; the arctangent is at most $a$, since, by Lemma 5.1, $h\left(e^{2 \pi i t}\right)$ lies in the unit disk (alternatively, one may note $2 a \delta>\epsilon^{2}$ ).

We now establish the second part of the lemma. What [8] shows is

$$
\left|\sum_{j=1}^{m} \frac{\lambda_{a} e^{2 \pi i t j}}{j^{2} \log ^{2}(j+3)}\right| \leq 1-\frac{\lambda_{a}|t|}{3 \log ^{2}(m+3)}+\frac{\lambda_{a}}{m \log ^{2}(m+3)}
$$

for any $m \geq 1$ and $t \in\left[-\frac{1}{2}, \frac{1}{2}\right] \backslash\left[-3 m^{-1}, 3 m^{-1}\right]$. For $m=r_{*}$, if $|t|>C_{6} a^{1 / 2}$, for say $C_{6}=100$, then certainly $3|t|^{-1}<m$, and so we have

$$
\begin{equation*}
\left|\sum_{j=1}^{r_{*}} \frac{\lambda_{a} e^{2 \pi i t j}}{j^{2} \log ^{2}(j+3)}\right| \leq 1-c \frac{|t|}{\log ^{2}\left(a^{-1}\right)} \tag{1}
\end{equation*}
$$

We can crudely bound

$$
\begin{equation*}
\left|\sum_{j=r_{*}+1}^{r} \frac{\lambda_{a} e^{2 \pi i t j}}{j^{2} \log ^{2}(j+3)}\right| \leq \frac{4}{\log ^{2}\left(a^{-1}\right)} \frac{1}{r_{*}} \tag{2}
\end{equation*}
$$

Combining (1) and (2), we obtain

$$
\left|\sum_{j=1}^{r} \frac{\lambda_{a} \epsilon_{j} e^{2 \pi i t j}}{j^{2} \log ^{2}(j+3)}\right| \leq 1-c_{5}^{\prime} \frac{|t|}{\log ^{2}\left(a^{-1}\right)}
$$

for $|t| \geq C_{6} r^{-1}$, with $c_{5}^{\prime}>0$ small and $C_{6}$ large enough. Now, since

$$
\begin{aligned}
\tilde{\lambda}_{a}^{-1} & =\sum_{j=1}^{r_{*}} \frac{\lambda_{a}}{j^{2} \log ^{2}(j+3)}-\sum_{j=r_{*}+1}^{r} \frac{\lambda_{a}}{j^{2} \log ^{2}(j+3)} \\
& =1-2 \sum_{j=r_{*}+1}^{r} \frac{\lambda_{a}}{j^{2} \log ^{2}(j+3)} \\
& \geq 1-2 \frac{2}{\log ^{2}\left(a^{-1}\right)} \frac{2}{r_{*}} \\
& \geq 1-\frac{20}{r \log ^{2}\left(a^{-1}\right)}
\end{aligned}
$$

we see

$$
\left|\widetilde{\lambda}_{a} \sum_{j=1}^{r} \frac{\lambda_{a} \epsilon_{j} e^{2 \pi i t j}}{j^{2} \log ^{2}(j+3)}\right| \leq 1-c_{5} \frac{|t|}{\log ^{2}\left(a^{-1}\right)}
$$

for $|t| \geq C_{6} r^{-1}$, provided $C_{6}$ is large enough. Since $1-a^{10} \leq 1$, we are done.
Let $m=c_{4}^{-1} n^{2 / 5}, J_{1}=c_{5}^{-1} n^{-1 / 5} m \log ^{4} n$, and $J_{2}=m-J_{1}$. A minor adapation of the relevant proof in [8] proves the following.

Lemma 5.3. Suppose $\widetilde{p}(z)=1-z^{d}$ for some $d \leq n^{1 / 5}$. Then $\prod_{j=J_{1}}^{J_{2}-1}\left|\widetilde{p}\left(h\left(e^{2 \pi i \frac{j+\delta}{m}}\right)\right)\right| \leq$ $\exp \left(C n^{1 / 5} \log ^{5} n\right)$ for any $\delta \in[0,1)$.

By adapating the proof of the above lemma, we prove the following.
Lemma 5.4. Suppose $u(z)=z-\zeta$ for some $\zeta \in \partial \mathbb{D}$. Then, for any $\delta \in[0,1)$, we have $\prod_{j=J_{1}}^{J_{2}-1}\left|u\left(h\left(e^{2 \pi i \frac{j+\delta}{m}}\right)\right)\right| \leq \exp \left(C n^{1 / 5} \log ^{5} n\right)$.
Proof. First note that

$$
\begin{equation*}
\left|u\left(h\left(e^{2 \pi i \theta}\right)\right)\right| \geq 1-\left|h\left(e^{2 \pi i \theta}\right)\right| \geq a^{10} \tag{3}
\end{equation*}
$$

Define $g(t)=2 \log \left|u\left(h\left(e^{2 \pi i\left(t+\frac{\delta}{m}\right)}\right)\right)\right|$. For notational ease, we assume $\delta=0$; the argument about to come works for all $\delta \in[0,1)$. Since (3) implies $g$ is $C^{1}$, by the
mean value theorem we have

$$
\begin{aligned}
\left|\frac{1}{m} \sum_{j=J_{1}}^{J_{2}-1} g\left(\frac{j}{m}\right)-\int_{J_{1} / m}^{J_{2} / m} g(t) d t\right| & =\left|\sum_{j=J_{1}}^{J_{2}-1} \int_{j / m}^{(j+1) / m}\left(g(t)-g\left(\frac{j}{m}\right)\right) d t\right| \\
& \leq \sum_{j=J_{1}}^{J_{2}-1} \int_{j / m}^{(j+1) / m}\left(\max _{\frac{j}{m} \leq y \leq \frac{j+1}{m}}^{m}\left|g^{\prime}(y)\right|\right) \frac{1}{m} d t \\
& \leq \frac{1}{m^{2}} \sum_{j=J_{1}}^{J_{2}-1} \max _{\frac{j}{m} \leq y \leq \frac{j+1}{m}}\left|g^{\prime}(y)\right| .
\end{aligned}
$$

Since $w \mapsto \log |u(h(w))|$ is harmonic and $\log |u(h(0))|=\log |u(0)|=0$, we have

$$
\int_{0}^{1} g(t) d t=2 \int_{0}^{1} \log \left|u\left(h\left(e^{2 \pi i t}\right)\right)\right| d t=0
$$

and therefore

$$
\begin{equation*}
\left|\int_{J_{1} / m}^{J_{2} / m} g(t) d t\right| \leq\left|\int_{0}^{J_{1} / m} g(t) d t\right|+\left|\int_{J_{2} / m}^{1} g(t) d t\right| \tag{5}
\end{equation*}
$$

Since

$$
a^{10} \leq\left|u\left(h\left(e^{2 \pi i t}\right)\right)\right| \leq 2
$$

for each $t$, we have

$$
\begin{equation*}
\left|\int_{0}^{J_{1} / m} g(t) d t\right|+\left|\int_{J_{2} / m}^{1} g(t) d t\right| \leq 20\left(\frac{J_{1}}{m}+\left(1-\frac{J_{2}}{m}\right)\right) \log n \leq C \frac{\log ^{5} n}{n^{1 / 5}} . \tag{6}
\end{equation*}
$$

By (4), (5), and (6), we have

$$
\left|\frac{1}{m} \sum_{j=J_{1}}^{J_{2}-1} g\left(\frac{j}{m}\right)\right| \leq C \frac{\log ^{5} n}{n^{1 / 5}}+\frac{1}{m^{2}} \sum_{j=J_{1}}^{J_{2}-1} \max _{\frac{j}{m} \leq t \leq \frac{j+1}{m}}\left|g^{\prime}(t)\right| .
$$

Multiplying through by $m$, changing $C$ slightly, and exponentiating, we obtain

$$
\begin{equation*}
\prod_{j=J_{1}}^{J_{2}-1}\left|u\left(h\left(e^{2 \pi i \frac{j}{m}}\right)\right)\right|^{2} \leq \exp \left(C n^{1 / 5} \log ^{5} n+\frac{1}{m} \sum_{j=J_{1}}^{J_{2}-1} \max _{\frac{j}{m} \leq t \leq \frac{j+1}{m}}\left|g^{\prime}(t)\right|\right) \tag{7}
\end{equation*}
$$

Note

$$
g^{\prime}\left(t_{0}\right)=\frac{\left.\frac{\partial}{\partial t}\left[\left|u\left(h\left(e^{2 \pi i t}\right)\right)\right|^{2}\right]\right|_{t=t_{0}}}{\left|u\left(h\left(e^{2 \pi i t_{0}}\right)\right)\right|^{2}}
$$

We first show

$$
\begin{equation*}
\left.\frac{\partial}{\partial t}\left[\left|u\left(h\left(e^{2 \pi i t}\right)\right)\right|^{2}\right]\right|_{t=t_{0}} \leq 500 \tag{8}
\end{equation*}
$$

for each $t_{0} \in[0,1]$. Let $\widetilde{d}_{j}=d_{j}$ for $j \leq r_{*}$ and $\widetilde{d}_{j}=-d_{j}$ for $j>r_{*}$ so that $h\left(e^{2 \pi i t}\right)=\left(1-a^{10}\right) \sum_{j=1}^{r} \widetilde{d}_{j} e^{2 \pi i t j}$. Then,

$$
\begin{gather*}
\left|u\left(h\left(e^{2 \pi i t}\right)\right)\right|^{2}=\left|\left(1-a^{10}\right) \sum_{j=1}^{r} \widetilde{d}_{j} e^{2 \pi i j t}-\zeta\right|^{2} \\
=\left(1-a^{10}\right)^{2}\left|\sum_{j=1}^{r} \widetilde{d}_{j} e^{2 \pi i j t}\right|^{2}-2 \operatorname{Re}\left[\left(1-a^{10}\right) \zeta \sum_{j=1}^{r} \widetilde{d}_{j} e^{2 \pi i j t}\right]+1 . \tag{9}
\end{gather*}
$$

The derivative of the first term is

$$
\left(1-a^{10}\right)^{2} \sum_{j_{1}, j_{2}=1}^{r} \widetilde{d}_{j_{1}} \widetilde{d}_{j_{2}} 2 \pi\left(j_{1}-j_{2}\right) e^{2 \pi i\left(j_{1}-j_{2}\right) t}
$$

Since

$$
\sum_{j=1}^{r}\left|\widetilde{d}_{j}\right| \leq 4
$$

and

$$
\sum_{j=1}^{r} j\left|\widetilde{d}_{j}\right| \leq 4
$$

we get an upper bound of 250 for the absolute value of the derivative of the first term of (9). The derivative of the second term, if $\zeta=e^{i \theta}$, is

$$
2\left(1-a^{10}\right) \sum_{j=1}^{r} \widetilde{d}_{j} \sin (2 \pi j t+\theta) 2 \pi j
$$

which is also clearly upper bounded by (crudely) 250. We've thus shown (8).
Recall $\left|u\left(h\left(e^{2 \pi i \theta}\right)\right)\right| \geq 1-\left|h\left(e^{2 \pi i \theta}\right)\right|$. For $j \in\left[J_{1}, J_{2}\right] \subseteq\left[C_{6} a^{1 / 2} m,\left(1-C_{6} a^{1 / 2}\right) m\right]$, we use (by Lemma 5.2)

$$
\left|h\left(e^{2 \pi i \frac{j}{m}}\right)\right| \leq 1-c_{5} \frac{\min \left(\frac{j}{m}, 1-\frac{j}{m}\right)}{\log ^{2} n}
$$

to obtain

$$
\frac{1}{m} \sum_{j=J_{1}}^{J_{2}-1} \max _{\frac{j}{m} \leq t \leq \frac{j+1}{m}}\left|g^{\prime}(t)\right| \leq \frac{1}{m} \sum_{j=J_{1}}^{J_{2}-1} \frac{500}{\left.\left(c_{5} \frac{\min \left(\frac{j}{m}, 1-\frac{j}{m}\right)}{\log ^{2} n}\right)\right)^{2}}
$$

Up to a factor of 2 , we may deal only with $j \in\left[J_{1}, \frac{m}{2}\right]$. Then we obtain

$$
\begin{aligned}
\frac{1}{m} \sum_{j=J_{1}}^{J_{2}-1} \max _{\frac{j}{m} \leq t \leq \frac{j+1}{m}}\left|g^{\prime}(t)\right| & \leq \frac{1}{m} \sum_{j=J_{1}}^{m / 2} \frac{500 m^{2} \log ^{4} n}{c_{5}^{2} j^{2}} \\
& \leq \frac{500 m \log ^{4} n}{c_{5}^{2}} \frac{2}{J_{1}} \\
& \leq C n^{1 / 5}
\end{aligned}
$$

Let $\mathcal{Q}_{n}$ denote all polynomials of the form $(z-\alpha)(z-\beta) p(z)$ for $p \in \mathcal{P}_{n}$.
Corollary 5.5. For any $q \in \mathcal{Q}_{n}$ and $\delta \in[0,1), \prod_{j \notin\{0, m-1\}}\left|q\left(h\left(e^{2 \pi i \frac{j+\delta}{m}} z\right)\right)\right| \leq$ $\exp \left(C n^{1 / 5} \log ^{5} n\right)$.
Proof. Take $q \in \mathcal{Q}_{n}$; say $q(z)=(z-\alpha)(z-\beta) p(z)$ for $p \in \mathcal{P}_{n}$. For $j \in\left\{1, \ldots, J_{1}-1\right\}$ and for $j \in\left\{J_{2}, \ldots, m-2\right\}$, by Lemma 5.1 we can bound $\left|q\left(h\left(e^{2 \pi i \frac{j}{m}} z\right)\right)\right| \leq 4 n$, to obtain

$$
\begin{equation*}
\prod_{j \notin\left\{J_{1}, \ldots, J_{2}-1\right\}}\left|q\left(h\left(e^{2 \pi i \frac{j+\delta}{m}}\right)\right)\right| \leq(4 n)^{J_{1}-1+m-J_{2}-1} \leq e^{C n^{1 / 5} \log ^{5} n} . \tag{10}
\end{equation*}
$$

By applying Lemma 5.4 to $u(z):=z-\alpha$ and to $u(z):=z-\beta$ and multiplying the results, we see

$$
\begin{equation*}
\prod_{j=J_{1}}^{J_{2}-1}\left|\bar{u}\left(h\left(e^{2 \pi i \frac{j+\delta}{m}}\right)\right)\right| \leq e^{C n^{1 / 5} \log ^{5} n} \tag{11}
\end{equation*}
$$

where $\bar{u}(z):=(z-\alpha)(z-\beta)$. Let $\widetilde{p}(z) \in\left\{1,1-z^{d}\right\}$ be the truncation of $p$ to terms of degree less than $n^{1 / 5}$. Then, since Lemma 5.2 gives

$$
\left|h\left(e^{2 \pi i \frac{j+\delta}{m}}\right)\right| \leq 1-c_{5} \frac{\min \left(\frac{j}{m}+\delta, 1-\left(\frac{j}{m}+\delta\right)\right)}{\log ^{2} n} \leq 1-c^{\prime} n^{-1 / 5} \log ^{2} n
$$

for $j \in\left\{J_{1}, \ldots, J_{2}-1\right\}$, we see

$$
\begin{equation*}
\left|p\left(h\left(e^{2 \pi i \frac{j+\delta}{m}}\right)\right)-\widetilde{p}\left(h\left(e^{2 \pi i \frac{j+\delta}{m}}\right)\right)\right| \leq n e^{-c^{\prime} \log ^{2} n} \leq e^{-c \log ^{2} n} \tag{12}
\end{equation*}
$$

Lemma 5.3 implies

$$
\begin{equation*}
\prod_{j=J_{1}}^{J_{2}-1}\left|\widetilde{p}\left(h\left(e^{2 \pi i \frac{j+\delta}{m}}\right)\right)\right| \leq e^{C n^{1 / 5} \log ^{5} n} \tag{13}
\end{equation*}
$$

By an easy argument given in [8], (12) and (13) combine to give

$$
\begin{equation*}
\prod_{j=J_{1}}^{J_{2}-1}\left|p\left(h\left(e^{2 \pi i \frac{j+\delta}{m}}\right)\right)\right| \leq e^{C^{\prime} n^{1 / 5} \log ^{5} n} \tag{14}
\end{equation*}
$$

Combining (10), (11), and (14), the proof is complete.

Proposition 5.6. For any $q \in \mathcal{Q}_{n}$, it holds that $\max _{w \in G_{a}}|q(w)| \geq \exp \left(-C n^{1 / 5} \log ^{5} n\right)$. Proof. Let $g(z)=\prod_{j=0}^{m-1} q\left(h\left(e^{2 \pi i \frac{j}{m}} z\right)\right)$. For $z=e^{2 \pi i \theta}$, with, without loss of generality, $\theta \in\left[0, \frac{1}{m}\right)$, we have by Lemma 5.2 and Corollary 5.5
$|g(z)| \leq\left(\max _{w \in G_{a}}|q(w)|\right)^{2} \prod_{j \notin\{0, m-1\}}\left|q\left(h\left(e^{2 \pi i\left(\frac{j}{m}+\theta\right)}\right)\right)\right| \leq\left(\max _{w \in G_{a}}|q(w)|\right)^{2} \exp \left(C n^{1 / 5} \log ^{5} n\right)$.
Thus, $\left(\max _{w \in G_{a}}|q(w)|\right)^{2} \exp \left(C n^{1 / 5} \log ^{5} n\right) \geq \max _{z \in \partial \mathbb{D}}|g(z)| \geq|g(0)|=1$, where the last inequality used the maximum modulus principle (clearly $g$ is analytic).

The following lemma was proven in [5].
Lemma 5.7. Suppose $g$ is an analytic function in the open region bounded by $I_{0}$ and $I_{a}$, and suppose $g$ is continuous on the closed region between $I_{0}$ and $I_{a}$. Then,

$$
\max _{z \in I_{a / 2}}|g(z)| \leq\left(\max _{z \in I_{0}}|g(z)|\right)^{1 / 2}\left(\max _{z \in I_{a}}|g(z)|\right)^{1 / 2}
$$

Proof of Theorem 2. Take $f \in \mathcal{P}_{n}$, and let $g(z)=(z-\alpha)(z-\beta) f(z)$. A straightforward geometric argument yields

$$
|g(z)| \leq \frac{|(z-\alpha)(z-\beta)|}{1-|z|} \leq \frac{2}{\sin (a)} \leq 3 n^{2 / 5}
$$

for $z \in I_{0}$. Letting $L=\|g\|_{I_{a}}$, Lemma 5.7 then gives

$$
\max _{z \in I_{a / 2}}|g(z)| \leq\left(3 L n^{2 / 5}\right)^{1 / 2}
$$

Since we then have

$$
\max _{z \in I_{a / 2} \cup I_{a}}|g(z)| \leq \max \left(L,\left(3 L n^{2 / 5}\right)^{1 / 2}\right),
$$

the maximum modulus principle implies

$$
\max _{z \in G_{a}}|g(z)| \leq \max \left(L,\left(3 L n^{2 / 5}\right)^{1 / 2}\right) .
$$

By Proposition 5.6, we conclude

$$
\exp \left(-C n^{1 / 5} \log ^{5} n\right) \leq \max \left(L,\left(3 L n^{2 / 5}\right)^{1 / 2}\right)
$$

Thus,

$$
\|f\|_{I_{a}} \geq \frac{1}{4}\|g\|_{I_{a}}=\frac{L}{4} \geq \exp \left(-C^{\prime} n^{1 / 5} \log ^{5} n\right)
$$

as desired.

## 6. Appendix: Proof of Lemma 5.1

We thank Fedor Nazarov for a simpler proof of Lemma 5.1, which we include below.

Claim 6.1. Let $\mathcal{F}$ be a compact family of (uniformly) bounded real Lipschitz functions on $[0,1]$ such that $\int_{0}^{1 / 2} f<\int_{1 / 2}^{1} f$ for every $f \in \mathcal{F}$. Then there exist $M, \epsilon>0$ so that for all $m>M, m_{*} \in\left(\left(\frac{1}{2}-\epsilon\right) m,\left(\frac{1}{2}+\epsilon\right) m\right)$, and $f \in \mathcal{F}$, it holds that

$$
\begin{equation*}
\sum_{j=1}^{m_{*}} \frac{1}{\log ^{2}(j+3)} f\left(\frac{j}{m}\right)<\sum_{j=m_{*}+1}^{m} \frac{1}{\log ^{2}(j+3)} f\left(\frac{j}{m}\right) \tag{15}
\end{equation*}
$$

Proof. By compactness, there exists $\epsilon>0$ so that for all $\gamma \in\left(\frac{1}{2}-\epsilon, \frac{1}{2}+\epsilon\right)$ and all $f \in \mathcal{F}$, we have

$$
\begin{equation*}
\int_{0}^{\gamma} f(x) d x<\int_{\gamma}^{1} f(x) d x-\epsilon \tag{16}
\end{equation*}
$$

Quickly note, for $C>0$ a uniform upper bound on $\max _{x \in[0,1]}|f(x)|, f \in \mathcal{F}$, we have

$$
\begin{align*}
\frac{1}{m} \sum_{j=1}^{m}\left[\frac{1}{\log ^{2}(j+3)}-\frac{1}{\log ^{2}(m+3)}\right]\left|f\left(\frac{j}{m}\right)\right| & \leq C \frac{1}{m}\left[\sum_{j=1}^{\frac{m}{\log (m+3)}} 1+\sum_{j=\frac{m}{\log ^{3}(m+3)}}^{m} \frac{\log \log (m+3)}{\log ^{3}(m+3)}\right]  \tag{17}\\
& \leq 2 C \frac{\log \log (m+3)}{\log ^{3}(m+3)} \\
& =o\left(\frac{1}{\log ^{2}(m+3)}\right)
\end{align*}
$$

as $m \rightarrow \infty$. As (15) is equivalent to

$$
\frac{\log ^{2}(m+3)}{m} \sum_{j=1}^{m_{*}} \frac{1}{\log ^{2}(j+3)} f\left(\frac{j}{m}\right)<\frac{\log ^{2}(m+3)}{m} \sum_{j=m_{*}+1}^{m} \frac{1}{\log ^{2}(j+3)} f\left(\frac{j}{m}\right)
$$

by (17) it suffices to prove

$$
\begin{equation*}
\frac{1}{m} \sum_{j=1}^{m_{*}} f\left(\frac{j}{m}\right)<\frac{1}{m} \sum_{j=m_{*}+1}^{m} f\left(\frac{j}{m}\right)-\frac{\epsilon}{2} \tag{18}
\end{equation*}
$$

say (for $m$ large enough and $m_{*} \in\left(\left(\frac{1}{2}-\epsilon\right) m,\left(\frac{1}{2}+\epsilon\right), m\right)$ ). But the LHS becomes arbitrarily close to $\int_{0}^{m_{*} / m} f(x) d x$, and the RHS becomes arbitrarily close to $\int_{m_{*} / m}^{1} f(x) d x-\frac{\epsilon}{2}$, so (18) is established by (16).

Now, letting $f(x)=\frac{1}{2}-\frac{1}{2}\left(\frac{\sin (x / 2)}{x / 2}\right)^{2}$ for $x \in(0,1]$ and $f(0)=0$, and then setting $f_{c}(x)=c^{-4} f(c x)$ for $c>0$ and $x \in[0,1]$ and $f_{0}(x)=\frac{x^{4}}{24}$, we will apply Claim 6.1 to the family $\mathcal{F}:=\left\{f_{c}: c \in[0, C]\right\}$, for a suitable absolute $C>0$. An
easy computation shows that $\mathcal{F}$ is indeed a compact family of bounded Lipschitz functions. The condition that $\int_{0}^{1 / 2} f_{c}<\int_{1 / 2}^{1} f_{c}$ for all $c \in[0, C]$ is equivalent to $\int_{0}^{a} f(x) d x<\int_{a}^{2 a} f(x)$ for all $a>0$, which is equivalent to

$$
\int_{0}^{b}\left(\frac{\sin x}{x}\right)^{2} d x>\int_{b}^{2 b}\left(\frac{\sin x}{x}\right)^{2} d x
$$

for all $b>0$, which is easily verified ${ }^{4}$.
Proof of Lemma 5.1. The proof of Lemma 5.2 shows that $\tilde{h}\left(e^{i t}\right) \in \bar{D}$ if $t \in[-\pi, \pi] \backslash$ $\left[-\frac{1}{100}, \frac{1}{100}\right]$, say. So we may assume $|t| \leq \frac{1}{100}$. First note that

$$
\begin{align*}
\left|\operatorname{Im}\left[\widetilde{h}\left(e^{i t}\right)\right]\right| & =\widetilde{\lambda}_{a} \sum_{j=1}^{r} \epsilon_{j} d_{j} \sin (j t)  \tag{19}\\
& \leq \widetilde{\lambda}_{a} \sum_{j=1}^{r} d_{j} j|t| \\
& \leq 2|t|
\end{align*}
$$

Also,

$$
\begin{align*}
\operatorname{Re}\left[\widetilde{h}\left(e^{i t}\right)\right] & =\widetilde{\lambda}_{a} \sum_{j=1}^{r} \epsilon_{j} d_{j} \cos (j t)  \tag{20}\\
& \geq \widetilde{\lambda}_{a} \sum_{j=1}^{r} \epsilon_{j} d_{j}\left(1-\frac{j^{2} t^{2}}{2}\right) \\
& =1-\frac{1}{2} t^{2} \widetilde{\lambda}_{a} \sum_{j=1}^{r} \epsilon_{j} j^{2} d_{j} \\
& \geq 1-\frac{1}{2} t^{2} \widetilde{\lambda}_{a} \cdot 21 \\
& >0
\end{align*}
$$

Finally, using the identity

$$
\frac{\cos x-1+\frac{x^{2}}{2}}{x^{2}}=\frac{1}{2}-\frac{1}{2}\left(\frac{\sin (x / 2)}{x / 2}\right)^{2}
$$

we see that

$$
\operatorname{Re}\left[\widetilde{h}\left(e^{i t}\right)\right]=\widetilde{\lambda}_{a}\left[\sum_{j=1}^{r_{*}} \frac{1}{\log ^{2}(j+3)}\left(\frac{1}{j^{2}}-\frac{t^{2}}{2}\right)-\sum_{j=r_{*}+1}^{r} \frac{1}{\log ^{2}(j+3)}\left(\frac{1}{j^{2}}-\frac{t^{2}}{2}\right)\right]
$$

[^2]$$
+\tilde{\lambda}_{a} r^{4} t^{6}\left[\sum_{j=1}^{r_{*}} \frac{1}{\log ^{2}(j+3)} f_{t r}\left(\frac{j}{r}\right)-\sum_{j=r_{*}+1}^{r} \frac{1}{\log ^{2}(j+3)} f_{t r}\left(\frac{j}{r}\right)\right] .
$$

By Claim 6.1, we then see

$$
\operatorname{Re}\left[\widetilde{h}\left(e^{i t}\right)\right] \leq \widetilde{\lambda}_{a}\left[\sum_{j=1}^{r_{*}} \frac{1}{\log ^{2}(j+3)}\left(\frac{1}{j^{2}}-\frac{t^{2}}{2}\right)-\sum_{j=r_{*}+1}^{r} \frac{1}{\log ^{2}(j+3)}\left(\frac{1}{j^{2}}-\frac{t^{2}}{2}\right)\right]
$$

which is at most $1-10 t^{2}$ by our choice of $r_{*}$. Combining with (20) and (19), we see

$$
\begin{aligned}
\left|\widetilde{h}\left(e^{i t}\right)\right|^{2} & =\left(\operatorname{Re}\left[\widetilde{h}\left(e^{i t}\right)\right]\right)^{2}+\left(\operatorname{Im}\left[\widetilde{h}\left(e^{i t}\right)\right]\right)^{2} \\
& \leq\left(1-10 t^{2}\right)^{2}+4 t^{2} \\
& \leq 1-6 t^{2} \\
& \leq 1
\end{aligned}
$$

as desired.

## 7. Acknowledgments

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[^0]:    ${ }^{1}$ Throughout the paper, we omit floor functions when they don't meaningfully affect anything.
    ${ }^{2}$ We similarly abuse notation by writing $1_{x_{k_{i}}=w_{i}}$ to denote $\prod_{i=0}^{l-1} 1_{x_{k_{i}}=w_{i}}$.

[^1]:    ${ }^{3}$ Alternatively, one may simply "make life harder" by adding enough 0s, say, to the start of $x$ and $y$.

[^2]:    ${ }^{4}$ As $\frac{\sin x}{x}$ decreases on $[0, \pi]$, the case $b \leq \frac{\pi}{2}$ is immediate. For $b>\frac{\pi}{2}$, we can do $\int_{b}^{2 b}\left(\frac{\sin x}{x}\right)^{2} d x<$ $\int_{\pi / 2}^{\infty} \frac{1}{x^{2}} d x=\frac{2}{\pi}$, which suffices since, by monotonicity, $\int_{0}^{b}\left(\frac{\sin x}{x}\right)^{2} d x>\int_{0}^{\pi / 2}\left(\frac{\sin x}{x}\right)^{2} d x \geq \frac{\pi}{2}\left(\frac{2}{\pi}\right)^{2}=\frac{2}{\pi}$.

